HEALTH

SATURDAY, M A R C H 20 23

11 A.M.

--until

7 P.M.

DLM Springboro

SEMINARS IN THE LOFT AT DLM SPRINGBORO REGISTRATION REQUIRED



11:30 A.M.
STRESSED, HURT, CAN'T
SLEEP? AROMATHERAPY
TO THE RESCUE!
BY PATTI MCCORMICK,
RN, PHD.



1:30 P.M.
BONE HEALTH:
CALCIUM AND BEYOND
BY LORI KELCH, MS, CHNC
NUTRITION EDUCATOR

EXHIBITORS UPSTAIRS

Borovoy Fitness & Shiatsu
Carlson Labs Vitamins & Fish Oils
Club Pilates
Autism Society of Dayton
Dr Cathy Rosenbaum - Rx Integrative Solutions
For the Biome
Fully Alive Integrative Health

Mg12 – The Power of Magnesium PharmToTable Premier Community Health Profile Plan StretchLab Centerville White Dove Wellness Center Holten Wellness Center

EXHIBITORS DOWNSTAIRS

Ancient Nutrition
Cedar Ridge Trails
Cornbread Hemp
Derma E
Gabriel Cosmetics Inc.
Garden of Life
Happy Soul CBD Organic Cider

Institute of Holistic Leadership

Herbs, Etc
Just Thrive
MegaFood
MediNatura
Native Wild Living
New Chapter

Nordic Naturals Nuzest USA CV Sciences Plus CBD

Pranarōm
Solgar
Tallowderm
Terry Naturally
True Grace Nutrition
Vital Planet
Wiley's Finest
WishGarden Herbs
Zum by Indigo Wild