

ATTAVOLA TOUR

Travel in Italy as an Italian



Destination Sardinia, Italy Sept. 21-30, 2025

Airfare is not included in trip cost. You'll need to arrange your own flights.

The below is a preliminary itinerary. Full trip details will be provided to confirmed travelers.

Sunday, September 21: Cagliari

Welcome! **There will be only one transfer provided by shuttle from the Cagliari Airport to the hotel in Cagliari. You must arrive at the Cagliari Airport by 12 p.m. local time for this service. If you arrive outside of that window or to a different location, you'll need to arrange your own transportation to the hotel.** After you settle in to the hotel, where you'll stay overnight, there will be time to explore or rest prior to a welcome aperitivo at 6:30 p.m. and a welcome dinner in Cagliari at 8 p.m.

Monday, September 22: Cagliari/San Gavino Monreale/Cabras

After breakfast at the hotel, luggage will be collected and we'll all travel together toward the beautiful city of Cabras for a two-night stay. But before arriving to our destination, your taste buds will be enlivened by a few special stops! First, we'll savor saffron together in the city of San Gavino Monreale with a behind-the-scenes visit and tasting lunch with a saffron producer. The journey will continue toward Cabras with a stop along the way at an esteemed Sardinian winemaker where you'll enjoy a visit and a tasting. Afterward, you'll be able to settle in at the hotel with free time during the remainder of the evening to explore the city and have dinner.

Tuesday, September 23: Cabras/Tharros/Cabras

Embark on a guided tour of the ancient city of Tharros, founded by the Phoenicians at the end of the eighth century BC with archeological traces for you to see. After returning to the hotel, you'll enjoy lunch with the group at a restaurant located in the historic center of Cabras where a special meal will be served highlighting the essence of key ingredients. The rest of the day is yours to enjoy on your own in the city of Cabras for one last night.

Wednesday, September 24: Cabras/Cuglieri/Bosa/Alghero

Enjoy breakfast before luggage is collected and you are whisked to the charming and picturesque city of Bosa, a seaside escape with a collage of colorful houses adorning the hillside. You'll have the morning to soak it all in before a visit to a winery followed by a tasting lunch. It's then time to take a relaxing ride to a special place where you'll be staying in Alghero for three nights, complete with a swimming pool overlooking the sea.

Thursday, September 25: Alghero

Today you'll be given the opportunity to explore the stunning medieval city of Alghero with a guided tour. Explore the history and beauty of this seaside city as you walk along the golden sea walls, explore the cityscape, and browse the local artisans. You'll connect with one such artisan—an olive oil producer—for a visit and tasting lunch. The rest of the day is yours to continue exploring the splendor of Alghero.



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Friday, September 26: Alghero

The red coral, *Corallium Rubrum*, thrives in the deep waters of the Mediterranean Sea and is used prominently in jewelry and art. Today, you'll learn more about this "red gold" that Sardinia is known for and visit Aquarium Rubrum, the first aquarium of live coral in Italy. You'll also be able to attend a coral workshop. Afterward, enjoy your last day in Alghero with time to explore and have lunch on your own. Later this evening, you'll meet back up with the group for a must-experience dinner.

Saturday, September 27: Alghero/Tuili/Cagliari

After breakfast, luggage will be collected and you'll travel with the group back toward Southern Sardinia, with a stop first to a pasta artisan in Tuili for an exclusive visit and tasting lunch featuring fresh, homemade pasta. The journey will then continue further south to Cagliari, where you'll check in to the hotel for the remainder of the trip. Enjoy an evening of free time in Cagliari, including dinner on your own.

Sunday, September 28: Cagliari

A hands-on cooking adventure awaits, but first you'll embark on a guided tour of Cagliari, the capital of Sardinia. You'll enjoy free time in this historic city with plenty to explore. Later in the day, get ready to roll up your sleeves and work with a professional chef for a hands-on cooking class, preparing the dinner to be enjoyed alongside your fellow Food Tour travelers.

Monday, September 29: Cagliari

The salt flats of Cagliari are a site to behold, and you'll take it all in on a guided tour, enjoying the spectacle of this natural reserve that's rich with wonderful bird species, including flamingos. Then, the afternoon is yours to lunch and soak in the last full day of our Food Tour together. The group will enjoy a final dinner together in Cagliari.

Tuesday, September 30: Cagliari

It's been a magnificent trip, but your time in Sardinia with the Food Tour has come to a close. Breakfast will be available at the hotel prior to check-out. **There will be a single transfer time by shuttle to the Cagliari Airport offered on this morning at a time that is to be determined.**

SERVICES INCLUDED

❖ **Attavola Staff**

Dedicated concierge service, for the whole trip for any need/support.

❖ **Transportation**

Private van transfer with a single, pre-determined transfer time will be available from/to the Cagliari Airport for you to use if you wish. Transportation between destinations listed on the itinerary will be provided for the whole trip, including parking, gas, tolls.

❖ **Accommodation 4 star hotels** reservations.

For each check in and check out, we provide you with luggage service:

- At check-in, you will find your luggage delivered directly in your room.



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- At check-out, your luggage will be collected to the bus.

❖ **Meals 10 meals**, between lunches and dinners + **1 tasting**

- **5 meals at typical restaurants**, representative of the region.
- **4 tasting lunches/dinners including a visit and explanation with artisanal producers:**
 - Saffron producer in San Gavino Monreale
 - Wine producer in Bosa
 - Olive Oil producer in Alghero
 - Pasta producer in Tuili
- **1 tasting including visit and explanation with artisan producer:**
 - Myrtle, Vernaccia, and Grappa Producer in Cabras
- **Half day dedicated to the cooking class with dinner.**

For each provided meal on the itinerary: You will have 3 or 4 courses. Beverages (water and wine) are included. The menus and wine pairings are curated in advance.

❖ **Guided tours**

- **2 guided tours** of the city, with English speaking tour guides: Alghero and Cagliari
- **1 guided tour** of an archeological area: Tharros

❖ **Other activities**

- **Visit at Aquarium Rubrum** and the coral workshop La Coralina
- **Guided tour of Cagliari Salt Flats**

The price includes:

Transfer by private van for the whole tour, with a single pre-determined time available from/to the airport. All the hotels are **** stars and located in the most beautiful locations. Inclusive in the trip are 10 meals among lunches and dinners. In particular you will visit traditional restaurants where you will sample typical dishes of the region and meet local food/wine producers. English speaking guides are at your disposal for walking tours in all the principal places. During all tours, English/Italian speaking staff will support you for any requests. All the guests will receive the "Attavola bag" with a welcome letter, the itinerary, all the information about the producers and the cities that you will visit during the tour, food suggestions that you can consult during your free time, and a questionnaire to evaluate the trip. Our intention is to make your trip an unforgettable experience with sightseeing stops, lunches/dinners, and visits to producers. In short, we are offering you an exclusive culinary view of Italy that you wouldn't get on most tours!



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The price does not include:

Airfare, travel insurance, personal expenses, entrance to museums, and everything not expressly mentioned under "The price includes." You are responsible for meals that are not planned as a part of the itinerary.

Meals:

It is our goal to provide a unique dining experience that highlights the regional specialties. Therefore, we will work with the restaurants to plan a menu for each meal. If anyone has any particular food allergies, there will be an opportunity to inform us.

Reservation List Form:

Upon completing payment, we will provide you a Food Tour Reservation Form to fill out and return with further detailed information: passport information, emergency contacts, and food allergies. It is our goal to accommodate to the best of our ability.

Changes of Hotels or Venues:

We reserve the right to change a hotel or other venues on the trip. If for some reason a change needs to be made, the level of service and quality will be equal to what has been agreed upon in the itinerary. It is our goal not to change a hotel or venue unless, for some unforeseen event, it becomes necessary. We will advise the group of the change as soon as a problem should arise.

Details of Itinerary:

After Dorothy Lane Market has received payment, final arrangements for the group and tour can be made. An updated itinerary with the names of all the hotels, restaurants, and stops will be provided.

Deadline to confirm your reservation and make payment: May 16, 2025

Refund Policy:

We will confirm with all travelers on May 19, 2025, that booking requirements have been met so everyone can begin to book their airfare independently (not included).

Through **June 20, 2025**, a refund of 50% of the full payment will be given to anyone who decides to cancel their reservation. At this time, DLM Food Tour/Attavola has already made arrangements to book the tour and will have already made non-refundable deposits for hotels, bus, restaurants, etc. Therefore, we cannot give a full refund.

From **June 21, 2025**, through **July 20, 2025**, a refund of 30% of the full payment will be given to anyone who decides to cancel their reservation. We are assuming that by this point, if someone needs to cancel



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the tour, it would be for a fairly serious reason. At this point, almost the entire tour is committed and we cannot refund more than that.

From **July 21, 2025**, through **Sept. 20, 2025**, there are no refunds available. We will have committed to all the businesses involved in this tour to pay for a certain number of rooms, food, and seats in a vehicle. Therefore, after **July 21, 2025**, we cannot offer any refund.

For trip questions, please contact FoodTour@DorothyLane.com and we'll be happy to assist.

